

Introduction - Brené (Bren-A) Brown, Ph.D., LMSW

Dr. Brené Brown is a research professor at the University of Houston Graduate College of Social Work. She has spent the past thirteen years studying vulnerability, courage, worthiness, and shame.

Brené is the author of two #1 New York Times Bestsellers: Daring Greatly, and The Gifts of Imperfection.

Her latest book, *Rising Strong* will be released on August 25, 2015. In *Rising Strong*, Brené writes, "If we are brave enough, often enough, we will fall. This is a book about what it takes to get back up."

She is also the Founder and CEO for The Daring Way™, an organization that brings her work on vulnerability, courage, shame and worthiness to organizations, schools, communities, and families.

Brené's 2010 TEDx Houston talk, *The Power of Vulnerability*, is one of the top five most viewed TED talks in the world, with over 19 million viewers.

Brené lives in Houston with her husband, Steve, and their two children, Ellen and Charlie.

Let's welcome Dr. Brené Brown