

Introduction- Brené (Bren-A) Brown

Dr. Brené Brown is a research professor at the University of Houston Graduate College of Social Work. She has spent the past twelve years studying vulnerability, courage, worthiness, and shame.

Brené is the author of two #1 *New York Times* Bestsellers; *Daring Greatly: How the Courage to Be Vulnerable Transforms the way we Live, Love, Parent, and Lead* (Gotham, 2012) and *The Gifts of Imperfection* (Hazelden, 2010).

Brené is the CEO and Chief Learning Officer for The Daring Way™, a training and certification program for helping professionals who want to facilitate her work on vulnerability, courage, shame, and worthiness.

Brené's 2010 TEDx Houston talk, *The Power of Vulnerability*, is one of the top ten most viewed TED talks in the world, with over 12 million viewers. Additionally, Brené gave the closing talk at the 2012 TED conference where she talked about shame, courage, and innovation.

Brené lives in Houston with her husband, Steve, and their two children, Ellen and Charlie.

Let's welcome Dr. Brené Brown