

Introduction - Brené (Bren-A) Brown, Ph.D., LMSW

Dr. Brené Brown is a research professor at the University of Houston Graduate College of Social Work. She has spent the past thirteen years studying vulnerability, courage, worthiness, and shame.

Brené is the author of three #1 New York Times Bestsellers: Rising Strong, Daring Greatly and The Gifts of Imperfection.

She is also the Founder and CEO for The Daring Way $^{\text{m}}$ and COURAGE works – an online learning community that offers eCourses, workshops, and interviews for individuals and organizations ready for braver living, loving, and leading.

Brené's 2010 TEDx Houston talk, *The Power of Vulnerability*, is one of the top five most viewed TED talks in the world, with over 25 million viewers.

Brené lives in Houston with her husband, Steve, and their two children, Ellen and Charlie.

Let's welcome Dr. Brené Brown