

NEIL PASRICHA - BIO

Neil Pasricha helps people live happy lives.

Neil has written five books including: *The Book of Awesome* a catalog of simple pleasures based on his 50-million hit, award-winning blog, *Awesome is Everywhere* an interactive introduction to meditation, and most recently, *The Happiness Equation*, the #1 international bestselling guidebook to happiness based on new research. His books have been on *New York Times* and International bestseller lists for over 200 weeks and sold over a million copies.

Neil is one of the most popular TED speakers of all time with his first TED Talk "*The 3 A's of Awesome*" ranked as one of the ten most inspiring and his second "*How will you maximize your tiny, short life?*" the world's first ever TED *Listen*, an artistic project composed entirely of questions. Neil has spoken to hundreds of thousands of people around the world including Fortune 100 companies, Ivy League Deans, and Royal Families in the Middle East.

Neil spent a decade running Leadership Development and working directly for two CEOs at Walmart, the world's largest company. He was responsible for CEO onboarding, executive development, and talent management across the organization. Today he serves as Director for The Institute for Global Happiness.

Neil's work has been featured in thousands of outlets including CNN, BBC, The Today Show, The Early Show, The Oprah Winfrey Network, Harvard Business Review, Fast Company, Fortune, and Forbes.

Neil has an MBA from Harvard Business School.

He lives in Canada with his wife and two sons.