

# Brené Brown

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Dr. Brené Brown is a research professor at the University of Houston where she holds the Huffington Foundation - Brené Brown Endowed Chair at The Graduate College of Social Work.

She has spent the past two decades studying courage, vulnerability, shame, and empathy and is the author of five #1 *New York Times* bestsellers: *The Gifts of Imperfection*, *Daring Greatly*, *Rising Strong*, *Braving the Wilderness*, and her latest book, *Dare to Lead*, which is the culmination of a seven-year study on courage and leadership.

Brené's TED talk - *The Power of Vulnerability* - is one of the top five most viewed TED talks in the world with over 35 million views. She is also the first researcher to have a filmed talk on Netflix. *The Call to Courage* special debuted on the streaming service on April 19, 2019.

Brené lives in Houston, Texas with her husband, Steve. They have two children, Ellen and Charlie.