

# CAREY LOHRENZ

— BE FEARLESS —

## Lessons in Leadership: The 4 Fundamentals to Help you Win in Business & Life

As the first female F-14 Fighter Pilot in the U.S.Navy, Carey Lohrenz knows what it takes to win in one of the highest pressure, extreme environments imaginable. In 1994, when Carey “Vixen” Lohrenz was deployed to the USS Abraham Lincoln, there were fewer than 5 female aviators on a ship of 5000 male crew members. Facing uncharted waters in an intensely male-dominated environment, Lohrenz learned vital lessons in leadership that followed her into the corporate world. The most successful leaders share a common foundation of principles used from the flight deck to the front office. The greatest leaders from all corners of the world know how to inspire, use good judgment, take initiative and make powerful decisions – with integrity. In this program, Carey shares the fundamentals that helped her win in the cockpit at Mach 2, and can help your team win in business:

- **Be a Catalyst:** Make change happen by focusing on what matters most
- **Be Tenacious:** Overcome your fear of failure
- **Be Committed to Excellence:** Prepare, Perform and Prevail to accomplish seemingly impossible missions every day
- **Be Resilient** Turn adversity into success



An industry pioneer and team performance accelerant, Carey is uniquely qualified in the fundamentals of Leadership, Teamwork, Winning Under Pressure, Reducing Errors and Overcoming Obstacles. This highly popular leadership program will challenge, inform, and inspire your team to move to higher levels of performance in these difficult economic times. Lohrenz offers bottom-line expertise with clear, realistic takeaway items for audiences that can produce both short-term and life changing results.

TO LEARN MORE, VISIT: [WWW.CAREYLOHRENZ.COM](http://WWW.CAREYLOHRENZ.COM)