

# Nataly Kogan Intro

A leading expert on emotional fitness and leadership, Nataly Kogan is an entrepreneur, best-selling author, and keynote speaker on a mission to activate millions of people to struggle less, thrive more, and embrace their Awesome Human!

Nataly immigrated to the US as a refugee from the former Soviet Union when she was 13 years old. Starting her American life in the projects and on welfare, she learned English by watching *“Who’s the Boss?”* on repeat.

After reaching the highest levels of success in the corporate world and 5 startup companies, Nataly suffered a debilitating burnout.

Today, as the founder of Happier Inc. and best-selling author of 3 books, Nataly activates Awesome Humans, leaders, and teams to break free from daily burnout, unleash their full human potential, and experience more joy and meaning!

Nataly began painting when she turned 40 and is a self-taught abstract artist. She loves bright colors, overuses the word “awesome”, and is the funniest person in her family. (Just ask her husband and daughter, her favorite Awesome Humans.)