



# Dr. Tasha Eurich

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## SELF-AWARENESS: The Essential Skill for Diverse, Equitable, Inclusive Organizations

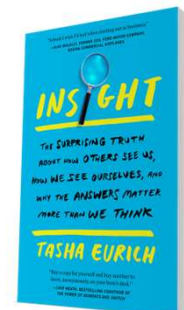
**Key Themes:** Why self-awareness is mandatory for real progress in DEI efforts; a fresh, accessible framework to bust bias and boost belonging, so teams can work together and win together.

Research shows that diverse, equitable, inclusive workplaces help *everyone* win. DEI efforts matter for people and performance, which is why organizations the world over are redoubling their efforts. **But despite big intentions and bigger investments, data still show slowing or lagging DEI outcomes.**

**So how can committed companies really move the needle?** One solution is finding new framing. Specifically, looking at DEI through the lens of self-awareness can challenge people to go deeper, catalyze candid but compassionate self-reflection, and champion everyone to walk the path *together*. Tasha helps audiences discover why developing self-awareness is essential for meaningful DEI progress. Audiences will leave with **practical, proven tools to build thriving teams and organizations where everyone feels treated with dignity and respect.**

### Sample Objectives

- A. Discover the **foundational role of self-awareness in diverse teams & organizations.**
- B. Internal & external **self-awareness secrets to move the needle** (+ why a **"braver but wiser" mindset** is the foundation for diversity nirvana).
- C. Why we under-estimate our bias susceptibility & **tools to break biases & enhance empathy.**
- D. How feedback drives diversity & inclusion (+ **how to get diverse & inclusive feedback**).
- E. Scientifically supported steps to **increase psychological safety in teams.**



### Value for Participants

1. Feel inspired by your progress so far *and* **fired up to do better, starting today.**
2. A fresh & safe approach to candidly **re-examine your beliefs and behaviors.**
3. Build more connected, empathetic **leaders who treat others with dignity & respect.**
4. Drive **team inclusion and belonging**, regardless of your role or physical distance.
5. Build **strong, diverse, engaged organizations** where *everyone* feels seen & supported.

### Ideal Audiences

DEI-focused meetings & conferences; Employee network & affinity groups; Human resources teams; Strategic leadership teams starting their DEI journey; Organizations on the journey seeking more tangible change and to build more allies. **Tasha is passionate about offering customized content, messaging, and data for every audience.**

