

A portrait of Amy Blankson, a woman with blonde hair, smiling, wearing a black and blue top. The background is a light blue and white geometric design.

# Amy Blankson

Best Selling Author, *The Future of Happiness*  
Chief Evangelist, Digital Wellness Institute

## Short Bio

Amy Blankson is a sought-after speaker on the intersection of happiness and innovation. She is the Chief Evangelist for the Digital Wellness Institute, the bestselling author of *The Future of Happiness*, and a graduate of both Harvard and the Yale School of Management. Most recently, Amy was named to the AI75 by Dallas Innovates and serves on Harvard's AI for Human Flourishing Council.

## Long Bio

Amy Blankson is the Co-founder and Chief Evangelist of the Digital Wellness Institute and the bestselling author of *The Future of Happiness*. A graduate of Harvard and the Yale School of Management, she's the only person to receive a Point of Light award from two US Presidents. She is also a member of Harvard's AI for Human Flourishing Council, a former member of the UN Global Happiness Council, and a featured professor in Oprah's happiness e-course, and a regular contributor to *Forbes*. Her current work focuses on how to cultivate happiness and well-being in a hyperconnected world.

Oh, and you might also know her as Amy the Unicorn, from her brother Shawn Achor's infamous TEDx talk on the science of happiness.