

Nataly Kogan Intro

Nataly Kogan is a leading expert in transformation, emotional fitness, and leadership, whose mission is to help awesome humans grow through change and unlock their next level of potential, impact and joy.

She is a sought-after keynote speaker, best-selling author, former tech CEO, and the creator of the REINVENT•ABILITY™ Framework.

Nataly immigrated to the US as a refugee from the former Soviet Union when she was 13 years old. After reaching the highest levels of success in the corporate world and 5 startup companies, Nataly suffered a debilitating burnout that caused her to change how she lived and worked.

She founded Happier Inc., whose products and programs have helped over a million people thrive.

Her work has been featured in *The Wall Street Journal*, *The New York Times*, *Harvard Business Review*, *Forbes*, and hundreds of other media outlets.

When she turned 40, Nataly began painting. She's a self-taught abstract artist who believes deeply in the power of creative expression to fuel our well-being and growth.

She loves the color yellow, overuses the word “awesome,” and is proudly the funniest person in her family. (Just ask her husband and daughter—her favorite awesome humans.)